



Planilha: Tempos Ideais VIVA PARQUE

VIVA ECOPARQUE

Categoria: ETAPA1

Trecho	Tipo	Velocidade	Início	Fim	Duração	Hora Ideal
1	N	0	0	0	00:00:30	00:00:30
2	V	62	0	194		00:03:38
3	V	44	0	77		00:05:23
4	V	54	0	512		00:14:52
5	V	18	0	60		00:18:12
6	V	54	0	197		00:21:51
7	V	42	0	80		00:23:45
8	V	52	0	200		00:27:36
9	V	54	0	100		00:29:27
10	V	55	0	150		00:32:11
11	V	56	0	120		00:34:20
12	V	58	0	581		00:44:21
13	V	62	0	132		00:46:29
14	V	48	0	75		00:48:03
15	V	62	0	225		00:51:41
16	V	66	0	427		00:58:09
17	V	60	0	186		01:01:15
18	V	68	0	192		01:04:04
19	V	53	0	707		01:17:24
20	N	0	0	0	00:15:36	01:33:00
21	V	63	0	171		01:35:43
22	V	40	0	60		01:37:13
23	V	62	0	319		01:42:22
24	V	50	0	321		01:48:47
25	V	60	0	261		01:53:08
26	V	30	0	100		01:56:28
27	V	28	0	91		01:59:43
28	N	0	0	0	00:03:00	02:02:43
29	V	69	0	562		02:10:52
30	V	73	0	529		02:18:07
31	V	63	0	171		02:20:50
32	N	0	0	0	00:05:00	02:25:50
33	V	55	0	94		02:27:33
34	V	66	0	282		02:31:49
35	V	52	0	182		02:35:19
36	V	55	0	361		02:41:53
37	V	99	0	36		02:42:15
38	V	38	0	92		02:44:40
39	V	60	0	254		02:48:54
40	V	63	0	500		02:56:50

Tempo Andando: 02:32:44

Tempo Neutro: 00:24:06

Metragem Total: 8.601