



Planilha: Tempos Ideais VIVA PARQUE

VIVA ECOPARQUE

Categoria: ELITE

Trecho	Tipo	Velocidade	Início	Fim	Duração	Hora Ideal
1	V	62	0	343		00:05:32
2	V	42	0	180		00:09:49
3	V	58	0	328		00:15:28
4	V	50	0	203		00:19:32
5	V	62	0	1240		00:39:32
6	N	0	0	0	00:03:00	00:42:32
7	V	64	0	1014		00:58:23
8	V	50	0	341		01:05:12
9	V	65	0	325		01:10:12
10	N	0	0	0	00:02:00	01:12:12
11	V	58	0	1214		01:33:08
12	V	50	0	382		01:40:46
13	V	78	0	104		01:42:06
14	N	0	0	0	00:15:00	01:57:06
15	V	50	0	259		02:02:17
16	V	52	0	226		02:06:38
17	V	56	0	158		02:09:27
18	V	62	0	239		02:13:18
19	V	66	0	354		02:18:40
20	V	60	0	200		02:22:00
21	V	58	0	354		02:28:06
22	N	0	0	0	00:04:00	02:32:06
23	V	51	0	790		02:47:35
24	V	48	0	31		02:48:14
25	V	61	0	243		02:52:13
26	V	64	0	243		02:56:01
27	V	71	0	155		02:58:12
28	V	84	0	38		02:58:39

Tempo Andando: 02:34:39

Tempo Neutro: 00:24:00

Metragem Total: 8.964